

# Specialised Workshops

Simple Solutions offers several non-accredited training workshops for organisations. These can be personalised to suit the needs of your organisation based on what skills employees need for each client. Courses can be delivered at any of our training centres or your organisation. Workshops run from anywhere between one hour to a full day depending on what you require.

Prices vary depending on the number of participants and the duration of training. To book training for your staff or discuss personalised workshops please email [amy@simplesolution.com.au](mailto:amy@simplesolution.com.au)

## **Gastrostomy/ PEG feeding**

- Develop knowledge of enteral nutrition and why it is required
- Demonstrate an understanding of the role of staff in supporting service users with enteral nutrition
- Bolus feeding is discussed as the main form of PEG feeding
- Understand the correct procedure for assisting service users with medication
- Identify proactive measures in preventing possible problems with enteral nutrition
- Explain the management of possible problems with enteral nutrition
- Practical assessments

NOTE: We do not deliver training on Pump – they need a Nutricia specialist for this. There is an online virtual training on pumps

## **Epilepsy, Buccal Midazolam**

- Understanding of various types of epilepsy
- Epilepsy treatment and medications available
- Epilepsy seizure management plans
- Explain the process for management of a generalised seizure

## **Nebuliser, Spacer, Inhaler**

- Respiratory system awareness
- Spacer & Inhaler use and administration
- Nebuliser use
- Types of Inhalers
- Practical assessments



## Code of Conduct

- What are professional boundaries?
- What is a code of conduct?
- What does the national code of conduct include?
- Boundaries with clients, emotional dependence.
- Scenarios, role plays, videos and questions.
- Conflicts of interest
- Code of conduct principles

## Dementia Education Workshops

- Fun and Functional Activities for people with Dementia
- Evidence-Based Activity Interventions for people with Dementia
- Behaviour and Dementia – Why, What and How
- Making Contact – Communicating with people with Dementia
- Validation Connecting and Communicating with people with Dementia
- Dementia care planning – A person-centred approach
- Partners in care (workshop for staff of residential aged care facilities and resident's families)
- Understanding wandering
- Problem-solving dementia-specific behaviours of concern within your organisation
- Building successful dementia care teams

## Diabetes and Blood Glucose Levels

- Develop Knowledge about Diabetes, the types, and symptoms
- Describe your role in preventing Hypoglycemia and Hyperglycemia
- Describe your role in monitoring blood glucose levels Identify proactive measures in preventing long-term diabetes complications.

NOTE: employees are not to inject or prick the skin but must be able to understand BGL testing and assisting client with this and record/ reporting

## Conflict Resolution

- Learn to apply fundamental components and formulations together to create a strategy to resolve a conflict.
- Learn the steps to take to form facts, and ideas that lead to an appropriate strategy to deal with any given conflict in the workplace.
- Learn communication skills to diffuse tense situations in the workplace.



## **Bowel Management - Enema & Suppositories**

- Bowel function and prevention of constipation
- Guideline for administering Bowel Preparations
- Safe administration of Medications.
- Enema Usage and Administration
- Suppository Usage and Administration
- Practical assessments

Note: Can also be delivered with Nebuliser, Spacer, Inhaler Training

## **Manual Handling**

- Who is responsible for workplace health and safety obligations?
- No Lift Risk Management Policy
- What is Manual Handling?
- Anatomy of the spine & Back care.
- Risk management process.
- Understand the nature of manual handling injuries and how to prevent them
- Reporting Work-related Injuries

## **Mental Health First Aid**

Preventative strategies regarding mental health, including:

- Aggressive behaviour
- Traumatic events
- Depression
- Suicidal thoughts and behaviours
- Severe effects of drug or alcohol use and substance use problems

## **Critical Intervention Training**

Social care training programs designed to manage risk behaviours:

- Prevent escalating behaviours
- Intervene and de-escalate risk behaviours
- Reduce or eliminate the use of restraint

**The following workshops are also available. More information can be provided upon request:**

- **Wound/Skin Care**
- **Cultural Awareness**
- **Mental Health Toolbox**
- **Infection Control**

